

Director's Corner

Tina Pries

Executive Director



Welcome to 2017!

It's hard to believe that another year has come and gone, yet the fireworks displayed in all their glory from the Space Needle and the strains of Auld Lang Syne remind us that it has! It's a new year, a time for new beginnings, new resolutions. What will the new year hold for you? What will you resolve to do for yourself this year? How about having a healthier lifestyle? Here at Stafford Suites we have a certified SAIL (Staying Active and Independent for Life) fitness instructor who teaches classes three days a week. Or how about eating healthier? Our chef prepares three nutritious meals a day and snacks and fresh fruit are always available in our game room. We also have access to a certified dietician who can work with you to help you choose a menu that fits your needs. So if you want a fresh new start to the new year, come get a fresh new start with us here at Stafford Suites... where the living is easy!

Thank you!

Thank you to our residents, family members, staff, volunteers and community partners for making 2016 a wonderful year. Stafford Suites of Sumner was blessed in so many ways this past year. Here are a few examples:

- We remained 100% occupied with a waitlist.
- Tina - Executive Director, Sue – Wellness Director, Patti – Program Director and Laura – Community Relations Director all celebrated 17 years of service.
- Caregiver, Stephanie celebrated 11 years of service
- Four other staff members celebrated 5+ years of service
- Resident Sharon celebrated her 12 year anniversaries of living at Stafford. Alice celebrated her 11th year anniversary with us.
- Our partnership with the City of Sumner in managing the Sumner Senior Center continued for the 4th year.
- We welcomed 39 new residents in 2016.
- Two of our residents celebrated centenarian birthdays: Wilma, 105, and Gertrude "Ella", 108
- Our Relay for Life team raised over \$12,000.00 for the American Cancer Society

We look forward to 2017's new friendships and adventures.



Wilma, celebrating her 105th birthday!



Stafford Suites: Where the Living is Easy!

Contact Laura Fehrenbacher at (253) 862-1818 for apartment availability or for a personal lunch and tour.

WINTER *Calendar of Events*

*These are just some of the wonderful events and activities for the coming months.
Please see our website for a more detailed monthly activity calendar.*



JANUARY

- 20th – Crazy Hat Day with Hat Show at 2pm
- 23rd – 27th Fifty's Week
- 27th – Rockin' Relics musical performance at 2pm
- 27th – Fifty's Bunco at 7PM. American Cancer Society Fundraiser

FEBRUARY

- 1st – Birds of the Pacific NW slide show at 2pm
- 9th – Finishing Strong informational class at 10:45am
- 9th – Sweetheart Dance with music by the Cow Chips, 7-9pm

11th – Outing to the Manestage theatre: Chitty Chitty Bang Bang at 1:15pm

14th – Love songs performed by The Jazz Guys at 1pm

28th – Pancake breakfast with celebrity guest flap jack flippers, 7:15 to 8:45am

MARCH

2nd – Shop at Stafford with Fashion Classics, 10am – 1:30pm

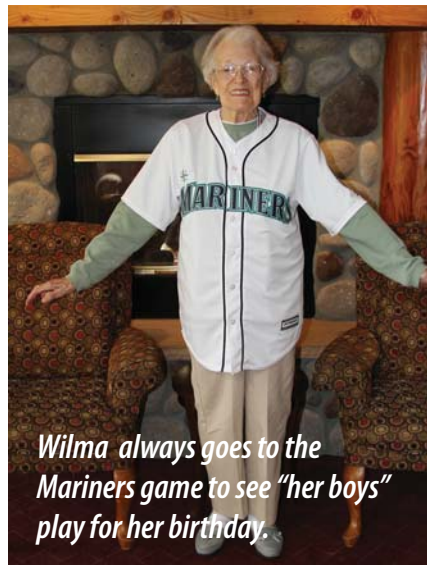
10th - 11th - Annual American Cancer Society Rummage Sale. There will be a lot of great items to peruse. We are accepting donations – contact Patti, our Program Director



Winter Photo Gallery



Lovely photo of the flag pole and trees in the snow



Wilma always goes to the Mariners game to see "her boys" play for her birthday.



Elmer the Elf on a Shelf showed up in some interesting places



Chef Richard is already a big hit with the ladies

Welcome New Residents!

Eva Painter – Eva moved to Stafford from her home in Tukwila, WA. She was born in Kellogg, Iowa and lived there until age 9. She then lived in Brainerd Minnesota until age 18. Eva was a wing riveter at the Boeing Company during WWII. She was also a sales clerk at Rhodes Department Store and an ice cream packer at Artic Ice Cream. Eva enjoys her family, ceramics and jewelry making, line dancing, yoga, movies and gardening.



Harvey "John" Selby – John moved to Stafford from his home in Bonney Lake, WA. He was born in Lima, Montana and raised in Dillon, Montana. John was a boiler maker and a bus driver. He served in the U.S. Army. Fishing, target shooting, lapidary jewelry making/silver smithing and bingo are some of the things he enjoys most.

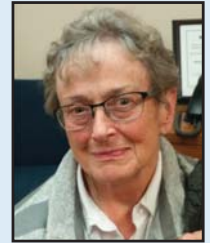
Bob and Ruth Murker – Bob and Ruth moved to Stafford from their home in Tacoma. Bob was born in Bellingham, WA and raised there as well as Blaine, Ferndale and Bremerton, WA. He is retired from the U.S. Airforce and also worked in civil service. Bob is a past Master of the Great Falls, MT Masonic Lodge #118 and is a current member of the Knights of Columbus, 4th degree. Ruth was born and raised in Rockford, Illinois. She was a hotel catering manager. Ruth enjoys traveling, her family and volunteer work. Ruth and Bob have been married for 58 years.



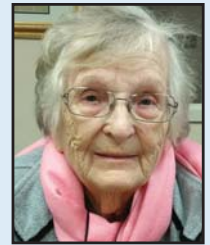
Gerry Lust – Gerry was born in St. John, WA and grew up in Endicott, WA. He had been living in Puyallup prior to his move to Stafford. His mother lived in our sister community, Stafford Suites of Kent. Gerry was a Pharmacist and owned a drug store in Auburn, WA for 40 years. He served in the US Airforce. Gerry enjoys family, golf, and travel to Hawaii, Italy and Germany. He is a Seahawks and Cougar fan. His family were wheat farmers in Eastern Washington. He attended Washington State University.



Penny Babbitt – Penny came to Stafford from Enumclaw, WA where she lived for over 50 years. She was born in Colfax, WA and lived in Pullman, WA till age 9. She was in Bremerton, WA after that. She chose to move to Stafford to be around more people as she doesn't like to be alone and she LOVED Stafford when she visited. Penny says she was first always a wife and mother but also worked as a secretary at her husband's insurance office. She was a teacher's aide. Volunteered in Young Life and in a Seattle shelter for street kids. She enjoys her children and grandchildren, singing in choirs, bible study and church. She loves animals and children.



Jack & Donna Garrett – Jack and Donna moved to Stafford from Puyallup. Jack was born in Puyallup and grew up in Sumner. Donna was born in Rugby, ND and grew up in Grand Coulee, Spokane and Sumner. Jack was chief custodial for the Puyallup School District and Donna was a school custodian there. Jack served in the U.S. Navy and enjoys fishing and camping as well as watching westerns. Donna enjoys needlework. She raised 5 kids has 10 grandkids and 22 great grandchildren.



Betty Ecklund – Betty came to Stafford from her home on Graham Ave in Sumner. Prior to that she was in North Tacoma for 34 years. She was born in Clifton Springs, NY and grew up in Horseheads and Elmira, NY. Betty worked as a business office manager for the Behavior Health Clinic of GHC for 15 years and had about 25 years of secretarial positions on and off before that. She most enjoyed raising her 5 children and traveling all over the world with her husband. She says she has a sometimes sarcastic sense of humor in that she can find anything funny. She loves to socialize and share "war" stories with others. She is involved with her church and reads history, thrillers and anything British ("Coronation Street").



Santa's reindeer visited during our holiday open house



Home School Carolers perform

Welcome to our New Food Service Director

We are pleased to welcome Chef Richard Holdridge as our new Food Services Director.

Chef Richard Holdridge's deep appreciation for continental cuisine was developed at a young age growing up in South West Florida where he was exposed to a variety of foods that would fuel his life long passion for cooking. He began his culinary management career at the age of 21 working at the well known beachfront restaurant Gator Bites in Sanibel Beach, Fl. At age 23 Richard moved to Paseo Country Club of Fort Myers, FL and trained under acclaimed Chef Scott Kanerva working and studying the nuances of both French and Classic American cuisine.

After 1 year under Chef Kanerva's tutelage, Richard took over as Chef at Paseo which started building the ground work for who Richard is in the culinary world today. Richard is an active ACF Member (American Culinary Foundation). After 4 years at Paseo, Richard gained an opportunity to manage and run a top 10 waterfront restaurant in America, Bayfront Bistro. Once established at Bayfront, Richard decided to put family first and bring his wife and 3 kids to the great state of Washington. He is excited to be working with a great management team as well as staff, and has a desire to put forth his best efforts in the continuance of what makes Stafford Suites what it is today.

Stafford Suites Staff is Here to Serve You

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Stafford Suites of Summer

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Winter 2017